www.ebparks.org

East Bay Regional Park District

Regional in Nature **Activity Guide**

September-October 2005

Ardenwood September 17:
Cajun-Zydeco Music Festival

Ardenwood *Historic Rail Fair - Harvest Festival*
Black Diamond *Tricks and Treats Underground*
Coyote Hills *Gathering of the Ohlone Peoples*
Crab Cove *Peanut Butter and Jam Festival*
Farallon Adventure *Whale Watching*
Garin *Apple Festival*
Redwood *Halloween Campfire*
Sunol *Pirates of the Cocoabean*
Tilden Nature Area *Labor Day Open House and Tea*
Tilden Nature Area *Spooky Series*

Sycamore Valley Regional Open Space in Danville, seen here in spring 2005, will open this fall.

Photos by Kevin Fox

Wilderness area jumps to 5,100 acres

Las Trampas expands by 281 acres; trails connections sought

Nancy Weninger

A view from a trail in Las Trampas Regional Wilderness near the Rossmoor area. The new property, currently in land bank, will be opened as soon as all trails and trailheads are made safe and accessible. With the recent three new property acquisitions, the Park District's goal of establishing interpark trail connections with Briones and Redwood regional parks is coming closer to reality.

The East Bay Regional Park District is celebrating the addition of 281 acres to Las Trampas Regional Wilderness near Danville/Alamo/Rossmoor.

The Board of Directors authorized purchase of the 12-acre Carpenter property, a triangular inholding at the north end of the park. The total cost is $340,000, most of which will come from Measure AA, the Park District's open space bond measure approved by citizens in 1988, and from Proposition 40, the State Park Bond Act.

The second acquisition is the 269-acre Hansen property, also at the north end of the park, at a cost of $1,820,000.

Funds for this purchase come mostly from mitigation paid to the District by Orinda Gateway developers for impacts their Gateway Valley project will have on neighboring regional parks.

Hikers and equestrians have urged the Park District to acquire properties bordering Las Trampas for years both for preservation purposes and for increased recreation opportunities.

The Carpenter and Hanson properties join another 673-acre parcel added to Las Trampas in 2003 purchased from the Gleason family for $3.7 million. It was the largest single acquisition in over a decade.

The District's purchase of these three properties overlooking Walnut Creek, Lafayette, Rossmoor, Orinda, and Moraga results in the preservation of prominent ridgelines, valleys, and wildlife corridors in the heart of central Contra Costa County.

With these acquisitions, Las Trampas now totals over 5,100 acres.

The new acquisitions are currently closed to the public with the expectation that they will be opened for use as soon as trails and entry points are made safe and accessible.

Eventually, the Park District would like to create a connection to the Old Moraga Ranch Trail and the Lafayette-Moraga Trail, which lie to the west and northwest.

Shelly Lewis

Garin Apple Festival

Did you know you could take a bite of an antique apple at Garin Regional Park in Hayward? The Heritage Apple Orchard at Garin is home to over 200 apple trees, including some rare varieties that haven't been around in 100 years. Try a sample at the annual Garin Apple Festival on Saturday, September 10, and celebrate the farm's apple-growing tradition. Folk music, song, old-fashioned games, and apple sampling will fill out the day that starts at noon and lasts until 4 p.m. Garin's Apple Orchard Volunteers (seen above) meet every Wednesday to take care of the orchard. They are always looking for new members . . . find out more by calling (510) 582-2206.

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General Info/Free Brochure:
(510) 562-PARK
Camping Reservations:
(510) 562-CAMP
Picnic Reservations
510) 636-1684
Naturalist Program Reservations
(510) 636-1684
TDD (510) 633-0460
Website www.ebparks.org

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WHAT ARE YOU DOING THIS FALL?

Bring in this ad & get 1 free child admission with paid adult admission.
Offer expires 12.31.05

Visit us for family fun!

- Build & Race Solar Cars in our Envirogarden
- Explore our Interactive and Hands-on Exhibits & Activities
- Take a Guided Hike through our Redwoods
- See a Show in our Planetarium or Giant Screen MegaDome Theater

And More!

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www.chabotspace.org
or **510.336.7373**

chabot space & science center
10000 Skyline Blvd • Oakland 94619

EBRPD905

The 21st Annual California Coastal Cleanup Day

Join us Saturday, September 17, from 8:30 a.m. to noon for the 21st Annual California Coastal Cleanup Day. California Coastal Cleanup Day is the nation's premier volunteer event focused on the marine environment.

Coming at the end of the summer beach season and near the start of the school year, Coastal Cleanup Day is a great way for families, students, service groups, and neighbors to join together to take care of our beaches, creeks, lakes, and rivers.

Kathleen Fusek, Coastal Cleanup Coordinator at the East Bay Regional Park District, says that last year over 2,300 volunteers helped clean up at several East Bay shoreline locations, including Newark, Fremont, Hayward, Oakland, Alameda, Emeryville, Berkeley, Albany, Richmond, Pinole, Rodeo, Martinez, and Port Costa. To volunteer, call Kathleen at (510) 544-2590 or go to www.ebparks.org.

Sycamore Valley preserve in Danville to open this fall

Kevin Fox

A view from Sycamore Valley's northern Short Ridge Unit. The preserve will become the Park District's newest open space preserve when it opens this fall. It's two main sections lie on either side of Camino Tassajara.

The East Bay Regional Park District proudly announces the fall opening of its newest park, Sycamore Valley Open Space. The 700-acre park preserves the ranching traditions of the past and incorporates the vision of over 20 years of planning for a public open space on the valley's two ridgelines.

This new park is known as an open space preserve, which means it will have trail access but no developed recreational facilities. About seven miles of trails are available for hiking, mountain bike riding, and nature study.

The main entrance to the park is at Danville's Sycamore Valley Park off Hollbrook Drive.

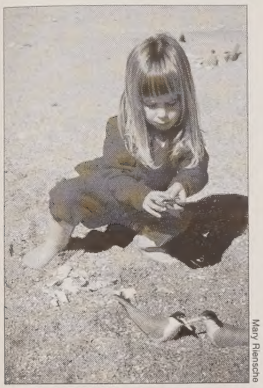
See www.ebparks.org for the exact date and time of the dedication, likely to be held in late September.

Volunteers "tern" out to help Doc Quack enhance habitat

By Dave "Doc Quack" Riensche

The shallow edge of a marsh doesn't seem like an exciting birthplace for anything more than mosquitoes and midges. But today, anxious California least tern parents are keeping watchful eyes over their speckled eggs delicately nestled between sand and oyster shells. Within moments the hungry begging sounds of hatching young are heard–and the humble beginnings of life starts anew.

Hundreds of wildlife volunteers have been working to "give birth" to the Least Tern Habitat Enhancement Project at Hayward Regional Shoreline. These Least Tern Restoration Rangers are seizing the opportunity to shape the future of our wildlife heritage for generations to come. Holding tightly to the belief that their legacy will be no less than their inheritance, 1,600 people like you have contributed more than 6,000 hours in support of this monumental stewardship effort.



Mary Riensche

Doc Quack's daughter, Rebekah "Quack," age 4, installs decoys and shells to help create nesting habitat to attract California least terns to Hayward Regional Shoreline.

The California least tern is a species endangered due to the loss and disturbance of coastal habitats. Historically, least terns nested next to estuaries, on sandy beaches and salt flats with sparse vegetation. As the human population along the California coast has increased, least tern habitat has decreased. In order for the species to survive, terns require protection from disturbance and predation. In addition, their remaining habitat needs to be maintained and enhanced.

Over the years, the California least tern has been pushed into less desirable nesting areas where they can fall prey to non-native predators.

Least tern decoys.

With the help and financial support of the Regional Parks Foundation, U.S. Fish & Wildlife Service Coastal Program, Alameda Countywide Clean Water Community Stewardship Program, New United Motor Manufacturing, Orchard Supply Hardware, and Johnston's Oyster Farm, volunteers have created 15,000 square feet of new nesting sites for the State and Federal listed endangered California least tern. We have moved over 300,000 pounds of materials onto the island. People of all ages have spread out more than 150 tons of sand, salt, and oyster shells to encourage least terns to nest on the island. Youths participating in service projects have painted and installed decoys to attract terns to the island. Our science-based staff installed a sound system to create the "right ambiance" for tern mating and nesting. We currently have 22 birds attempting to nest. This is the first time a California least tern colony has been established in one of your East Bay Regional Parks!

The success of our efforts for the California least tern not only tells a great deal about us as a people and our compassion for nature–but also about the power of collaborative efforts. The East Bay Regional Park District's unprecedented approach to wildlife stewardship, by involving people of all ages, is producing extraordinary results. You, too, can play a key role in the research, restoration and recovery of our region's rich wildlife resources when you "tern" out to help nature.

Dave "Doc Quack" Riensche is the Park District's Wildlife Resource Analyst and a biology/ecology instructor at Las Positas College.

Calendar of Events

See inside for details

- Historic Rail Fair: Ardenwood, Sat, Sun & Mon, Sept 3, 4 & 5.
- Garin Apple Festival: Garin, Sat., Sept. 10.
- Cajun-Zydeco Music Festival: Ardenwood, Sat., Sep 17.
- Seniors with Juniors: Crab Cove, Sun., Sept. 18 & 25.
- Senior Sunset Saunters: various locations, Sat., Oct. 1, 8, 15.
- Gathering of Ohlone Peoples: Coyote Hills, Sun, Oct. 2.
- Senior Sunday: Cull Canyon, Sun, Oct. 9; and Crab Cove, Sun, Oct. 23.
- Somersville Grand Tour for Seniors: Black Diamond Mines, Sat., Oct. 15.
- Harvest Festival: Ardenwood, Sat & Sun, Oct. 15 & 16.
- Timeless Tales Hike: Black Diamond Mines, Sun., Oct 16
- Halloween Train: Ardenwood, Fri, Oct. 21 & 28, Sat, Oct. 22 & 29, Sun, Oct. 23 & 30.
- Halloween: Pirates of the Cocoabean: Sunol, Sat., Oct 22.
- Tricks and Treats Underground: Black Diamond Mines, Sat, Oct. 29.

East Bay Regional Park District presents

The 9th Annual

Cajun/Zydeco Music Festival

ARDENWOOD HISTORIC FARM
Fremont, CA
Saturday, September 17, 2005

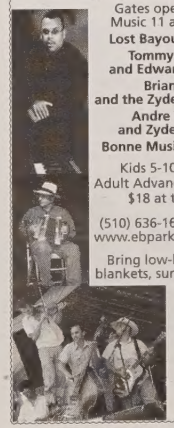
Gates open 10 a.m.
Music 11 a.m.-7 p.m.

Lost Bayou Ramblers
Tommy Michot and Edward Poullard
Brian Jack and the Zydeco Gamblers
Andre Thierry and Zydeco Magic
Bonne Musique Zydeco

Kids 5-10 years $1
Adult Advance tickets $14
$18 at the gate

(510) 636-1684 or online
www.ebparks.org/webreg

Bring low-back chairs, blankets, sunblock, & hat.



Tickets: (510) 636-1684 or order online: www.ebparks.org/webreg

New docent programs

Coming soon to a Visitor Center near you! New docent programs are starting this winter at Black Diamond Mines in Antioch, Coyote Hills in Fremont, Crab Cove in Alameda, and Tilden Environmental Education Center in Berkeley. Docents are trained volunteers who assist naturalist staff to work with school groups, families, and at special events helping people learn more about our parks and their amazing resources. We already offer two established docent programs that are quite popular–at Ardenwood Historic Farm in Fremont the emphasis is on turn-of-the-century farm life, and at Sunol Regional Wilderness near Sunol docents assist in early settler and Native American programs. Our new programs will be geared toward historical mining towns, early Native American village life, San Francisco Bay, farm animals, and watersheds. Watch for more information on these exciting new programs in the next issue of this activity guide, published Tuesday, October 18.

Sunol docents assist in interpretive programs.

EAST BAY REGIONAL PARK DISTRICT

AND

thrive

KAISER PERMANENTE

are proud partners in 2005 with the mutual goal of promoting health and fitness.

Health Matters

Overcoming The Barriers to Exercise

No amount of exercise can guarantee a long life. However, even moderate amounts of physical activity can improve the likelihood of a healthy life. Along with a positive attitude and a healthful diet, your fitness level plays a major role in how well you feel, what illnesses you avoid, and how much you enjoy life.

There are six barriers to exercise that are all easy to overcome:

- No time? Try shorter periods of activity spread throughout the day, such as three 10-minute walks.
- Too tired? It's often lack of exercise that makes you tired. Exercise gives you energy. Try it.
- Embarrassed? Many people are, especially at first. Be proud that you're taking care of your body.
- No partner? Yes, it's more fun to exercise with a friend. If your regular exercise partner quits, find another one. You could also join a fitness club, take a class, or exercise to a video.
- Bad weather? Too hot, too cold, too wet, too windy--it never seems right for exercise. Lots of people exercise come rain or shine. Try a variety of indoor and outdoor activities.
- Too costly? You had to let the fitness club membership expire. You can't afford a mountain bike. You panic at the price of running shoes. It all costs money. But can you afford not to exercise? Try a low-cost option, such as walking instead of driving.

Kaiser Permanente is a major sponsor of the Park District's 2005 Trails Challenge. To learn more about getting in shape and healthy lifestyles, including The 10,000 Steps® Program, log onto Kaiser Permanente at www.kp.org (you do not need to be a member of Kaiser to join these programs).

AQUATICS

PRIVATE POOL RESERVATIONS
Roberts Pool, Oakland Staff
M-F daytime only, Sep 6-Oct 7
Roberts Pool is a perfect facility for a swim party. Lifeguard service is provided. 150 person maximum; alcohol not permitted. Call for fee.
Reg. Required: (510) 636-1684

LAP SWIM
April-October during regular swim hours
Swim laps in a lake with no chlorine, no walls, large lanes! Bring goggles, cap, kickboard, pull bouy and hand paddles as desired. Available at Lake Anza (Tilden), Quarry Lakes, Shadow Cliffs and Lake Temescal.
Info: (510) 636-1684
Fee: varies

RECREATION

For Recreation program information and registration, email recreation@ebparks.org, call (510) 636-1684, or visit www.ebparks.org/webreg. Registration is required, and Special Cancellation Policy applies for all Recreation programs; see page 11. All classes dependent on registration minimums.

TRAILS CHALLENGE
Join us for this extremely popular, self-guided hiking program! The 2005 Guidebook is filled with 20 of the best hikes in the Park District. This year, Trails Challenge (#9035) invites you to hike 5 of the 20 trails by December. Participants receive the 2005 commemorative pin and the Trails Challenge T-shirt!
Reg. Required: (510) 636-1684
Fee: $12 (non-res. $14)

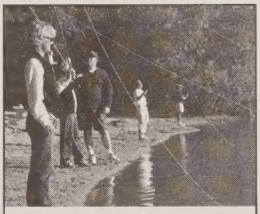
BROOKS ISLAND ADVENTURE
Brooks Island California Canoe & Kayak
9am-3pm, Sat, Sep 3 #10437,
Oct 8 #10438
Be whisked away to a beautiful island in the bay! This guided, instructional day trip to Brooks Island is an easy, short paddle in stable, double kayaks–an excellent introduction to kayaking for beginners that includes instruction on paddle strokes, equipment, etc. Enjoy a guided, relaxed, 2-mile hike around this island's preserved shoreline that is normally closed to visitors. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $85 (non-res. $95)

INTRO TO BAY KAYAKING
Martin Luther King Current Adventures
11am-4pm, Sat, Sep 3 #10447,
Sun, Oct 2 #10448
If you were with us for Discover Kayaking or have basic kayaking knowledge, come join us for this INTERMEDIATE class! This is an in-depth focus on skills necessary to go paddling on your own. Learn proper strokes and maneuvers, tide/current basics, and capsize recovery while paddling on the bay. Plus, you'll earn a certificate enabling you to rent your own kayak. The MLK Jr. marshlands also offer great opportunities for viewing shorebirds while you learn to navigate the bay environment. Includes a stop for a shared, potluck lunch. Parent participation is required for children 10-13. 10+yrs.
Reg. Required: (510) 636-1684
Fee: $85 (non-res. $95)

BASICS OF BASS FISHING
Del Valle Marina Mike Hawley
8-10am, Sat, Sep 10 #10458
Learn how to catch the "big one"! In this class, participants already familiar with fishing will learn the basics of bass fishing including rigging, casting, knot tying, ecology and conservation, habitat, and fish behaviors. There will be hands-on fishing time during which participants will be able to demonstrate what they have learned. Gear provided. A valid California fishing license is required for participants 16 and older. Parent participation is required for children 5-13.
Reg. Required: (510) 636-1684
Fee: $19 16+yrs/$15 5-15yrs (non-res. $21/$17)

DISCOVER KAYAKING
Various parks Current Adventures
11am-3:30pm, Sat, Sep 10 Del Valle #10451; 11am-3:30pm, Fri, Sep 16 Lake Chabot #10454; 12:30-5pm, Sat, Sep 24, Lake Chabot #10449; 11am-3:30pm, Sat, Oct 1, Lake Chabot #10453; 11am-3:30pm, Sun, Oct 16, Lake Chabot #10450
This course is the first step in learning paddle touring and sea kayaking. Get in-depth instruction for paddling in calm water from certified instructors. Beginners learn equipment selection and basic paddling techniques while touring Lake Chabot in a single kayak (double kayaks available upon request and for adult/child paddlers). Includes a stop for a shared potluck lunch. Parent participation required for youth ages 5-13.
Reg. Required: (510) 636-1684
Fee: $79 14+yrs/$59 5-13 yrs (non-res. $87/$65)

INTRO TO GOLF
Tilden Golf Course American Golf Corp.
5:30-7pm, Thu, Sep 15 #10439,
1-3pm, Sun, Sep 18 #10440
1-3pm, Fri, Sep 30 #10441
10am-noon, Sat, Oct 8 #10442
10am-noon, Mon, Oct 10 #10443
5:30-7:30pm, Wed, Oct 19 #10444
Have fun in a relaxed atmosphere and learn the fundamentals of golf. This introductory clinic teaches pre-shot fundamentals, terminology/ equipment overview, and full-swing fundamentals. Instructors will discuss how you can continue if you'd like to play on the course. Golf balls and loaner clubs are provided . Participants will also receive a free $20 range card for use at the driving range and $20 off a future class at the golf course. This class has a minimum participation of 4 people. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $50 (non-res. $56)



INTRO TO FLYFISHING–FISH FIRST!
Lake Anza Fish First!
7am-1pm, Sun, Sep 11 #10434,
Oct 9 #10435
This exciting and informative day is geared toward the beginning angler. Spend three hours at Lake Anza to practice casting with coaching from a certified fly-casting instructor. Then enjoy three hours of classroom instruction where you will be introduced to knots, fly selection, reading the water, and more. Don't miss your chance to learn! 18+yrs.
Reg. Required: (510) 636-1684
Fee: $60 (non-res. $66)

Family Fun Nights

Making Father's Day cards was among the arts and crafts activities at this Family Fun Night at Crab Cove on the Alameda shoreline on June 30. Free Family Fun Nights also offer ice-cold lemonade, impressive naturalist programs, and much more! The last Family Fun Night of this season will be from 5:30-7 p.m. on August 25 at Tilden Nature Area in Tilden Regional Park in Berkeley. Bring the kids for some family fun! For more information see www.ebparks.org/camps, or call (510) 636-1684.

FULL MOON KAYAK
Lake Chabot Marina Current Adventures
6-9pm, Fri, Sep 16 #10455
This unique course is the first step in learning paddle touring and sea kayaking. Get in-depth instruction for paddling in calm water. Participants will explore the lake during twilight and return to the marina as the moon rises. A brief introduction to the equipment and paddle strokes will be provided for those who have never kayaked. Don't miss out! Parent participation required for youth 5-13. 5+yrs.
Reg. Required: (510) 636-1684
Fee: $59 (non-res. $65)

MEDITATION HIKE FOR WOMEN
Sunol Sue Evans
9am-12:30pm, Sat, Sep 17 #10464
Join us for an opportunity to meet other women, exercise, and reconnect with nature and yourself. Sue Evans, personal trainer and professional photographer, will lead this unique experience, which includes a four-hour hike, a fall equinox celebration, meditation and a group digital photo. Come with yourself or bring a friend! Take this time for you! 16+yrs.
Reg. Required: (510) 636-1684
Fee: $21 (non-res. $25)

BEGINNING FLY CASTING
Shadow Cliffs Lois Kilburn
8:30am-1:30pm, Sun, Sep 25 #10436
Have you always wanted to learn how to fly fish? Now is the perfect time! In this introductory class you will learn basic knots, the roll cast, pick-up and lay down cast, false casting and how to select equipment and set up your fly rod. The class is taught by a national champion tournament caster, Lois Kilburn. 15+yrs.
Reg. Required: (510) 636-1684
Fee: $60 (non-res. $66)

SURVIVAL AND OUTDOOR SAFETY
Lake Chabot Gene Ward
9am-4pm, Sun, Sep 25 #10445
This workshop, taught by one of the country's leading experts in wilderness survival, is packed with vital information for outdoor enthusiasts. Learn how to dramatically increase your chances of staying alive when things don't go as planned. Activities and demonstrations include making personal survival kits, constructing quick and simple emergency storm shelters, sure-fire fire starting techniques, emergency signaling techniques, knots and lashings, and much more!
Reg. Required: (510) 636-1684
Fee: $50 (non-res. $56)

BASICS OF TROUT FISHING
Shadow Cliffs Mike Hawley
8-10am, Sat, Oct 1 #10457
The Regional Parks have some of the best fishing around so come join this class where participants familiar with fishing are introduced to the basics of trout fishing. You will learn about ecology, casting techniques, knot tying, fishing styles, proper gear selection, and the different types of bait. This class includes hands-on fishing! Rods and reels provided. A valid California fishing license is required for participants 16+. Parent participation required for children 5-15. 5+yrs.
Reg. Required: (510) 636-1684
Fee: $19/$15 (non-res. $$21/$17)

LLAMA DAY HIKE
Redwood Lamas Outfitters
10am-4pm, Sat, Oct 8 #10459,
Sun, Oct 9 #10460;
Sat, Oct 22 #10461; Sun, Oct 23 #10462
Experience the wonderful world of llama packing in the Regional Parks! Experienced llama packers will guide this 4-6 mile day hike (4-6 hours). Llamas will carry your picnic lunches and personal items and you will have the opportunity to lead a llama for part of the trip while learning about handling, caring for, and packing with llamas. This is one of our most popular hikes yet! Come find out why! Parent participation required for children 8+.
Reg. Required: (510) 636-1684
Fee: $35 (non-res. $39)

HISTORIC RAIL FAIR
Ardenwood S.P.C.R.R.
10am-4pm, Sat-Mon, Sep 3-5
Ardenwood's railroad will bring our local history alive with a steam locomotive, equipment displays, model railroad layouts, handcar rides, a hobo camp and more. The weekend also includes the return of the Oakland Museum's Best Steam Tractor! Sponsored by S.P.C.R.R. (Ardenwood's horse-drawn railroad). Special Event Fee. For information, call (510) 796-0199.

9th ANNUAL CAJUN/ZYDECO MUSIC FESTIVAL
Ardenwood Staff
10am-4pm, Sat, Sep 17 #10231
Enjoy some of the best Louisiana French traditional Cajun-Zydeco music of local artists. This year's headliners are the Lost Bayou Ramblers, Tommy Michot and Edward Poullard, Brian Jack and the Zydeco Gamblers, Andre Thierry and Zydeco Magic and Bonne Musique Zydeco. There will be dance lessons, specialty vendors, children's activities and delicious Cajun food. Tickets $14 in advance, available through Sept. 9, call 510-636-1684 or online through WebReg at www.ebparks.org/webreg. $18 at the gate, children 5-10 years $1, 4 years and under free.

FALL COLORS PHOTOGRAPHY HIKE
Pleasanton Ridge Jack Ligon
9am-noon, Sun, Oct 16 #10463
With fall comes colors from nature that inspire and thrill us. However, we only have a brief moment to enjoy the brilliance, so let's grab our cameras and see if we can capture what nature brings us. We will trek a mile into the woods to find what magic we can capture with our lenses. Walking shoes, a tripod, a digital or film camera, and a bit of inspiration is all you need. Professional photographer and instructor, Jack Ligon will guide you in composition, visualizing and basic exposure. 14+yrs.
Reg. Required: (510) 636-1684
$35 (non-res. $39)

ARDENWOOD

Ardenwood is open Tues.-Sun. 10 a.m.-4 p.m. Patterson House tours are available Thurs-Sun. Blacksmithing demonstrations Thur, Fri, Sun, and every other Saturday. Horse-drawn train rides and food service available Thur, Fri, and Sun. Admission fees apply. For program and fee info: (510) 796-0663, awvisit@ebparks.org or www.ebparks.org.

COUNTRY KITCHEN COOKIN'
Ardenwood Interpretive Staff
10:30am-2pm, Sundays, Sep-Oct
Enjoy the flavor of the past with treats cooked on our wood burning stove. Sample food grown on the farm and discover the history your favorite treats.

POTATO HARVESTING
Ardenwood Gaeta Bell, Sara Fetterly
11am-noon, Sun, Sep 11, 18, 25
It's time for the great potato harvest at Ardenwood! Hear the history of this humble tuber and how it came to be one of the world's favorite vegetables, then dig in your spade and find some spuds to take home.

WHAT'S BREWING ON THE FARM
Ardenwood Ira Bletz
1-3pm, Mon, Sep 5
Brewing was common on 19th century farms. Join us as we brew up a special batch of honey-wheat ale using ingredients from the farm. Taste the fruits of our labor or sample some homemade root beer.

ANIMAL FEEDING
Ardenwood Interpretive Staff
3-4pm, Thu-Sun, Sep-Oct
Help slop the hogs, check the henhouse for eggs, and bring hay to the livestock. You'll learn all the animals' favorite foods as you help shut the farm down for the evening.

BOUNCING BUNNIES
Ardenwood Interpretive Staff
11am-noon, Sat, Sep 10
1-2pm, Sun, Sep 25
Hop on over for a warm welcome from some of Ardenwood's furriest residents. Learn why rabbits are great hoppers and how they use their long ears to sense danger.

TASTY TOMATOES
Ardenwood Sara Fetterly
1-2pm, Sat, Sep 10, 24
Compare a Garden Peach with a Brandy Wine in this fresh-from-the-garden heirloom tomato taste test.

INDIAN CORN ART
Ardenwood Sara Fetterly
2-3pm, Sat, Sep 10, 24
The colors of the Indian corn are a-maize-ing! Learn about these colorful kernels as you create a masterpiece!

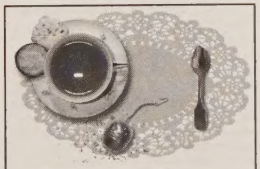
DYING FOR COLOR
Ardenwood Sara Fetterly, Eric Nicholas
1-2pm, Sun, Sep 11
Corn cobs, walnuts, berries, and onions! Bring a white shirt or handkerchief to dye, and see how common plants can produce all the colors of the rainbow.

LOVELY LADIES CROQUET
Ardenwood Volunteers
1-3pm, Sun, Sep 11
A proper Victorian lady was not always limited to watching sports from the sidelines because of the social requirements of the day. Don't miss your chance to watch an entertaining example of a "very Victorian" croquet game.

MR. POTATO HEAD
Ardenwood Eric Nicholas
1-2pm, Sun, Sep 18
We've harvested the potatoes, now it's time to make a new "old" friend. Create a potato pal to take home and learn some little-known facts about this popular tuber.

A TASTE OF THE PAST
Ardenwood Gaeta Bell
2-3pm, Sun, Sep 18
Lend a hand tending our vegetable garden. We'll be harvesting, saving seeds and composting. Compare the tastes of the past to those of the present. Discover the importance of yesteryear's vegetables today.

FARM FRIENDS
Ardenwood Interpretive Staff
10:30-11:30am, Sat, Sep 24
Here's your chance to get up close to your favorite barnyard buddies. Feed the sheep, pet a bunny, greet the goats, and play chicken with a chicken.



MELODRAMA TEA
Ardenwood
Volunteer Tea Committee
1-3pm, Sat, Oct 1 #10361
Enjoy a traditional Victorian afternoon tea with dainty tea sandwiches, scones, lemon curd and pastries. Hostesses in period attire will serve you in Ardenwood's lovely garden. Then cheer for the hero and hiss the villain during the old-fashioned melodrama presented by our merry band of volunteers. Park admission included. 12+yrs.
Reg. Required: (510) 636-1684
Fee: $15 (non-res. $17)

SECRETS AND SCANDALS OF ARDENWOOD
Ardenwood Sara Fetterly
11:30am-noon, Sat, Sep 24
Who was hung in the old oak tree? Learn all the gossip that the brochures don't tell you in this short, eyebrow-raising walking history tour.

IMAGES FROM ANOTHER TIME
Ardenwood Eric Nicholas
2-3pm, Sun, Sep 25
Bring your camera for a look at the farm though a lens. With Victorian architecture, the fashions of the day and animals how can you miss?

MORNING FARM CHORES FOR KIDS
Ardenwood Interpretive Staff
10:30-11:30am, Sat, Oct 1, 22
Put your little farmer to work shelling and cracking corn, feeding the animals and collecting eggs from the hen house. They may be surprised how fun "work" is.

HOIST THAT BALE
Ardenwood Interpretive Staff
1-2pm, Sat, Oct 1
Use our antique machine to make a length of rope, then use a long one to hoist hay into the barn loft. Learn some useful knots you can make with your rope.

THE INS & OUTS OF A COW
Ardenwood Tara Reinertson
11am-noon, Sun, Oct 2
Ever wonder what it takes to make a milk shake? More than you think! Learn all that goes in to a healthy cow and find out how much comes out!

SAY CHEESE PLEASE!
Ardenwood Tara Reinertson
1-2pm, Sun, Oct 2
Learn how to make homemade farmer's cheese at our Country Kitchen. Try some with a slice of farm-fresh heirloom tomato!

TODDLER TIME
Ardenwood Christina Garcia
10:30-11am, Tue, Oct 4, 11, 25
Bring the tiny tots out for an exciting morning at the farm. Each day we'll meet and learn all about a new animal friend through stories, songs and games. **Oct 4**: pigs, **Oct 11**: rabbits, **Oct 25**: chickens. 1-4yrs.

CHICKEN SCRATCH
Ardenwood Interpretive Staff
10:30-11:30am, Sat, Oct 8, 29
Crack some corn for the hens, then visit the coop to hunt for eggs and feed the chickens. Learn the secret of the pecking order and meet an Easter Egg Chicken.

OLD-FASHIONED GAMES
Ardenwood Interpretive Staff
1-2pm, Sat, Oct 8, 22
Race on over to the farmyard lawn for some old-fashioned fun! Join a sack race, try hoop rolling, or practice walking on stilts.

EARLY-AUTUMN FARM HIKE
Ardenwood Christina Garcia
2-3pm, Sat, Oct 8
Come along on a slow and easy stroll around the farm. See what changes the fall season brings to the land and the wild animals that make their homes here.

THE HERBAL HARVEST
Ardenwood Eric Nicholas
11am-noon, Sun, Oct 9
Come out and help harvest some traditional medicinal plants. Learn how to clean and preserve herbs for winter use. Learn how folks used to heal themselves the natural way.

HARVEST FESTIVAL
Ardenwood
Gaeta Bell, Interpretive Staff
10am-5pm, Sat-Sun, Oct 15-16
It's harvest time on the farm! Bring your family and join your friends for some down home country fun. Lend a hand harvesting the Indian corn and popcorn and help fill our corncribs. Take home a share of our colorful corn for your holiday table. There are also walnuts to hull, cider to press and old-time music and crafts. Pick-up your Jack-o-Lantern with a visit to Perry's pumpkin patch.
Special Event Fee

SEED SAVING
Ardenwood Tara Reinertson
1-2pm, Sun, Oct 9
Fall is the time to collect seeds of delicious heirloom vegetables from our garden. Lend a hand shucking beans and take home a collection of seeds to sow next spring.

CANDLELIGHT TOURS
Patterson House Docents
7-8:30pm, Fri, Oct 21, 28, Sat, Oct 22, 29
We will be once again offering our wonderful house tours. This is your chance to see the beautifully restored Patterson House in a whole new light, candlelight! These are not haunted tours, but may be a bit spooky. 10+yrs.
Reg. Required: (510) 791-4196
Fee: $6

HALLOWEEN TRAIN
Ardenwood Ardenwood Volunteers
7-9:30pm, Fri, Oct 21, 28, Sat,Oct 22, 29
7-9pm, Sun, Oct 23, 30
Come out to Ardenwood for an evening of Halloween fun! Ride the train through the fields and woods, join the Halloween goblins and have a hauntingly good time! This slightly frightful evening is designed for families with children 12 years of age and under. Tickets are available in advance at the Train Museum inside Ardenwood on Sundays. Or buy tickets on arrival. For more information and group reservations, call (866) 417- 7277.
Fee: $5 adults/$3 3-12yrs.

CORN HUSK DOLLS
Ardenwood Christina Garcia
2-3pm, Sat, Oct 22
Corncobs, clothespins and rags - pioneer children made dolls from whatever materials were at hand. Gather some husks from the cornfield and create your own piece of folk art.

= Register at www.ebparks.org = Disabled accessible program $P = Parking fee may be charged = Financial assistance is available

APPLE CIDER PRESSING
Ardenwood Interpretive Staff
11:30am-noon, Sun, Oct 23, Sat, Oct 29
Once you taste this sweet elixir you will understand why cider was once the most popular beverage in America. Help us turn apples into juice and then have a taste.

COLOR BY NATURE
Ardenwood Eric Nicholas
1-2pm, Sun, Oct 23
Ever wonder how wool used to get its color. Explore the process of cleaning and coloring wool with plants. Oh, and of course we'll meet sheep that made the wool.

WALNUT HARVESTING
Ardenwood Interpretive Staff
2-3pm, Sat, Oct 29, 30
Harvesting walnuts is lots of fun! Trek through the orchard and fill your sack with lots of walnuts, then head back to the farmyard to hull and wash the nuts with our antique machinery. Help fill the drying trays behind the barn and select a portion of the harvest to take home.

YUM YUM PUMPKIN
Ardenwood Interpretive Staff
10:30am-1pm, Sun, Oct 30
Stop by the Country Kitchen for a taste of fall harvest! Today we will honor this incredible member of the squash family by making pumpkin muffins, cookies and bread.

ICE CREAM MAKING
Ardenwood Interpretive Staff
1-2pm, Sun, Oct 30
What could be better than ice cream on a Sunday afternoon? Hand-made ice cream from the farm of course! The longer you turn the crank the sooner you can have a taste!

BLACK DIAMOND

All Black Diamond programs (unless otherwise noted) meet at the parking lot at the south end of Somersville Road in Antioch. For info call (925) 757-2620 or email bdvisit@ebparks.org.

GREATHOUSE VISITOR CENTER
Black Diamond Interpretive Staff
10am-4:30pm, Sats & Suns, Mar-Nov
Drop in and view the workings of a 20th-century sand mine and learn about the lives of the 19th-century coal miners in the Greathouse Visitor Center. Artifacts and photographs are displayed and a video featuring former Mt. Diablo coalfield residents is shown.

HAZEL-ATLAS SILICA-SAND MINE TOUR
Black Diamond Interpretive Staff
10am, 11am, 1pm, 2pm
Sats & Suns, Mar-Nov
Explore the underground through a guided tour and learn its history, geology, and the methods used to mine the sandstone. An hour-long, advanced reservation tour is offered at 11 a.m., 1 p.m., and 2 p.m. through November. A 10 a.m. tour is available to groups of 10 or more. First come/first served tours are offered at noon and 3 p.m. only. Must be at least 7 years old, parent participation required. The 10 a.m. tour is not available for online registration. 7+yrs.
Reg. Required: (510) 636-1684
Fee: $3

KNOBBERS
Black Diamond Sabrina Dussau
3:30-5:30pm, Thu, Sep 15 #10174, Oct 20 #10175
Looking for something to do after school? Join us once a month for outdoor and underground adventures focusing on nature exploration and local mining history. 8-12yrs.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

HUNT FOR THE HARVEST MOON
Black Diamond Sabrina Dussau
6-8:30pm, Sat, Sep 17
The light of this full moon helps farmers harvest their crops. Let it light your way through the dark as we discover what makes this moon so bright.
Reg. Required: (925) 757-2620

MEMORIES IN MARBLE
Black Diamond Bob Kanagaki
10am-noon, Sat, Oct 1
Investigate the lives of nineteenth-century miners and their families in the Mount Diablo Coalfield as we tour Rose Hill Cemetery. Meet at the cemetery.

MINES, MINERS AND MINERALS
Black Diamond Bob Kanagaki
10am-noon, Sat, Oct 8 #10178
Two centuries of mining have shaped the Black Diamond landscape. View the surface and subterranean changes caused by this activity as we hike Stewartville and Pittsburg Mine Trails and tour the Hazel-Atlas Mine. 7+yrs.
Reg. Required: (510) 636-1684
Fee: $3

SOMERSVILLE GRAND TOUR
Black Diamond Bob Kanagaki
9am-noon, Sat, Oct 15 #10179
Join us for the deluxe van tour of Somersville and avoid the hilly hiking. We'll drive to Rose Hill Cemetery and take a short walking tour, travel 400 feet into a hill at the Hazel-Atlas Mine, and view "Black Diamond Memories" at the Greathouse Visitor Center. 55+yrs.
Reg. Required: (510) 636-1684
Fee: $3

TIMELESS TALES ON BLACK DIAMOND TRAIL
Black Diamond Mike Moran
9:30am-1pm, Sun, Oct 16
Once the home of the largest town in the county, the Nortonville Valley beckons us with rich history, stunning scenery, and the perfect venue for a hearty four-mile hike.
Reg. Required: (925) 757-2620

TRICKS AND TREATS UNDERGROUND
Black Diamond Interpretive Staff
1-4pm, Sat, Oct 29
Step into the underground for snakes, spiders, and witches brew. Other spooks may find you, too. Prizes awarded to the scariest, silliest, and most eco-groovy costumes.

GATHERING OF OHLONE PEOPLES
Coyote Hills Beverly Ortiz
10am-4:30pm, Sun, Oct 2
Ohlone descendants will share family and tribal history, music, song, dance, and stories. They'll discuss contemporary cultural involvements, and demonstrate basket, jewelry, soaproot brush, and dogbane string making. Walk to a more than 2,000-year-old village site, play an Ohlone game, try making fire without matches, or make a miniature tule boat. Taste native plant teas, manzanita cider and, in the afternoon, acorn soup cooked with heated stones in a basket. For information, call (510) 795-9385.

COYOTE HILLS

The Coyote Hills Visitor Center, open Tue.-Sun. 9:30 a.m.-5 p.m., and Labor Day, has books, bug boxes, and other items for sale. For information call (510) 795-9385 or email chvisit@ebparks.org.

FALL MORNING TEATIME TREKKERS
Coyote Hills Southworth, Estacio
9-11am, Tue, Sep 6 #10307, 13 #10308, 20 #10309, 27 #10310, Oct 4 #10311, 11 #10312, 18 #10313, 25 #10314
Join our hearty band of walkers as we ramble briskly about the meadows and marshes of Coyote Hills. We'll observe the park's beauty and wildlife in the still of the morning, then we'll gather in the garden for teatime. Good conversation and good exercise are guaranTEAed. 12+yrs.
Reg. Required: (510) 636-1684
Fee: $3 adults/$2 seniors 62+yrs

BIRDING BY BIKE
Coyote Hills Kristina Parkison
7:30-9:30am, Sat, Sep 17
Today marks the beginning of CoastWeeks, a celebration of the value of this important habitat. Ride and explore the marsh and salt ponds, rich in birdlife. Be prepared to bird! 10+yrs.
Reg. Required: (510) 795-9385

COYOTE SCOUT INSTITUTE
Coyote Hills Kristina Parkison
1:30-3:30pm, Sat, Sep 17 #10194
1:30-3:30pm, Sat, Oct 15 #10195
Adventure awaits the adventurous! In the Coyote Scout Institute you'll explore the mysterious natural environment of the Bay Area through activities such as scavenger hunts, orienteering, and biking and hiking. Each session covers a different exciting topic. So come play and learn with us! **Sept. 17**: Archaelogy. **Oct. 15**: Nocturnal Creatures. 8-12yrs.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

OHLONE VILLAGE SITE WORKDAY
Coyote Hills Beverly Ortiz
10am-4pm, Sun, Sep 18 #10196
Help us honor 2,000 years of human history by repairing and building structures at a Tuibun-Ohlone village site. We'll also clean and weed the site. You'll be introduced to how the Ohlone and their ancestors lived so well for so long in this area. 12+yrs.
Reg. Required: (510) 636-1684

COYOTE CUBS
Coyote Hills Kristina Parkison
10-11:30am, Tue, Sep 20 #10197
2-3:30pm, Tue, Sep 20 #10198
10-11:30am, Tue, Oct 18 #10199
2-3:30pm, Tue, Oct 18 #10200
Explore the natural world in a hands-on way as we focus on different natural history subjects each month through stories, games, and crafts. **Sept. 20**: Archaeology. **Oct. 18**: Grossology. Bring your little ones out for fun in the park! 3-5yrs.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

OHLONE SHELLMOUND TOUR
Coyote Hills Jan Southworth
10am-noon, Sat, Sep 24
Native Americans lived at this site for over 2,000 years. Learn their history and study archaeological clues that reveal the story of their ancient lifestyle. We'll try an activity or game the Ohlone once enjoyed.
Reg. Required: (510) 795-9385
Fee: $2/$5 per family

PLANT PROPAGATION WORKSHOP
Coyote Hills Southworth, Lundgren
1-2pm, Sat, Sep 24 #10306
Fall is the perfect time for planting a wildlife-friendly garden. Come to our garden to gather seeds and propagate cuttings that will attract hummingbirds, butterflies and other critters to your garden. Build it and they will come! 12+yrs.
Reg. Required: (510) 636-1684
Fee: $5 (non-res. $7)

LAVENDER SACHET WORKSHOP
Coyote Hills Jan Southworth
2-3pm, Sat, Sep 24 #10204
Using our freshly dried crop of high-oil content French lavender we'll strip dried blossoms from their stems, sift and clean them and create colorful, wonderfully fragrant sachets to take home. Learn about the historical importance and lore of lavender as we work. 7+yrs.
Reg. Required: (510) 636-1684
Fee: $6 7-61yrs/$5 62+ (non-res. $8/$7)

OPEN GARDEN DAY: MONARCH MIGRATION
Coyote Hills Jan Southworth
10am-4pm, Sat, Oct 8
Monarch migration is in full swing. Check the garden for up-close views of all stages of the life cycle of this marvelous insect. Learn to create your own butterfly paradise.

BEAUTIFUL BATS
Coyote Hills Kristina Parkison
9:30-11am, Sat, Oct 15 #10207
Bats--the beautiful acrobats of the night! This often misunderstood animal is feared the world over, but is really quite helpful to we humans as crop pollinators and insect eaters! Join us to find out how wonderful the bat truly is. Parent participation is required. 6-12yrs.
Reg. Required: (510) 636-1684
Fee: $2

ESTUARY EXPLORERS
Crab Cove Interpretive Staff
3:30-5pm, Thu, Sep 8 #10277, Sep 22 #10278, Oct 13 #10279, Oct 27 #10280
Estuary Explorers is designed for 6-8 year olds and includes outdoor exploration and a theme-related craft and snack. Parents/guardians are encouraged to drop off their child to allow for an independent nature experience, with Naturalist guidance. A current year medical waiver signed by a parent/guardian must be on file. **Sept. 8**–Radiant Rainbows: Come get wet, feel the sunshine, and paint rainbows as we discover what it takes to create this bow of color! **Sept. 22**–Otter This World: We'll dive into the ocean and explore the life of this fascinating marine mammal, the California Sea Otter. **Oct. 13**–Animal Communication: Learn animals' language. Now let's discover what critters are communicating. **Oct. 27**–Inside a Tree: Who depends on trees for shelter and food? What's inside a tree? Explore, experiment, and examine.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

ACORN SOUP MAKING
Coyote Hills Beverly Ortiz, Ruth Orta
10am-4pm, Sun, Oct 16 #10123
You'll learn to make one of the Bay Area's most enduring foods, acorn soup, the old way using cracking stones, mortar, pestles, winnowing and sifting baskets, and stone boiling in a cooking basket. We'll also share some modern processing techniques you can use at home. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $31 adult/$26 62+yrs
(non-res. $35/$30)

WANDERING WARBLERS
Coyote Hills Jan Southworth
9:30-11:30am, Sat, Oct 22
Fall migration brings many warbler species seldom seen in other seasons. Join our group of bird sleuths as we slink among the trees in search of Townsend's and others. 12+yrs.

DIGITAL PHOTOGRAPHY WORKSHOP
Coyote Hills Southworth, Jedlovec
2-4pm, Sat, Oct 22
Kids and adults of all skill levels are welcome. Renowned photographer Don Jedlovec will lead a free, hands-on photography workshop in our own Butterfly Garden. Bring your camera if possible. 10+yrs.

A HIKE TO RELIVE HISTORY
Coyote Hills Annie O'Keefe
10:30am-noon, Sun, Oct 23 #10209
Bring your zest for fresh air and history on this morning marsh walk. We'll look for wildlife and share myths and stories that highlight Ohlone relationships with plants and animals.
Reg. Required: (510) 636-1684

CRAB COVE

Crab Cove Visitor Center is open Wednesdays-Sundays from 10 a.m.-4:30 p.m. through December. School programs are available. For information about naturalist programs or other activities, call (510) 521-6887 or email ccove@ebparks.org.

PEANUT BUTTER AND JAM FESTIVAL
Crab Cove Interpretive Staff
10am-6pm, Sat & Sun, Sep 10 & 11
Live music, food, freebies, and fun all celebrate the fact that processing peanut butter was first developed in Alameda! Look for our booth among many, sharing the cultural history of Alameda.

CATCH OF THE DAY
Crab Cove Interpretive Staff
2-3pm, Sats & Suns in Sep & Oct
There are so many fun things to do in the fall by the Bay! Each day will have something different, from discovering which birds are feeding along the shore to finding out which trees are found at Crown Beach! Call to find out what's featured for the day of your visit and be sure to check out our new exhibits!

A COOL BAY HOLIDAY
Crab Cove Interpretive Staff
8am-4pm, Sun, Sep 4
Enjoy a potpourri of activities which celebrate the mysteries of nature. Fun includes habitat tag, snake craft, invisible writing trick, and at 1pm, solar-oven quesadillas.

LEISURELY LABOR DAY
Crab Cove Bethany Facendini
7:30am-4:30pm, Mon, Sep 5
Experience a relaxing, fun-filled day of leisure at the Cove! 7:30-9:30am: Low Tide Exploration, 10am-4:30pm: Ongoing Crafts and Nature Games, 2-3: Catch of the Day, 3-4: Neptune Beach Film.

SEA SIBLINGS
Crab Cove Interpretive Staff
9:30-10:30am, Tue, Sep 6 #10272, Sep 20 #10274, Oct 18 #10276
11am-noon, Tue, Sep 6 #10273, Sep 20 #10275, Oct 18 #10285
Sea Siblings targets the 3-5 year old learning ability while providing the option of inviting a 1-5 year-old sibling or friend along for outdoor exploration and a theme-related craft. All children pay the course fee. **Sept. 6**–Radiant Rainbows: Come get wet, feel the sunshine, and paint rainbows as we discover what it takes to create this bow of color! **Sept. 20**–Otter This World: We'll dive into the ocean and explore the life of this fascinating marine mammal, the California Sea Otter. **Oct. 18**–Trees are Terrific: Celebrate trees and the critters whose lives depend on them.
Reg. Required: (510) 636-1684
Fee: $4

SEA SQUIRTS
Crab Cove Interpretive Staff
10-11:30am, Tue, Sep 13 #10281, Sep 27 #10282, Oct 11 #10283, Oct 25 #10284
Sea Squirts is exclusively for 3-5 year old accompanied by an adult. Each program offers outdoor exploration, and a theme-related craft and snack. See our Sea Siblings program if you prefer to have 1-5 year olds join their 3-5 year old siblings. **Sept. 13**–Radiant Rainbows: Come get wet, feel the sunshine, and paint rainbows as we discover what it takes to create this bow of color! **Sept. 27**–Otter This World: Dive into the ocean and explore the life of this fascinating marine mammal, the California Sea Otter. **Oct. 11**–Animal Communication: How do critters communicate to each other and even to us? **Oct. 25**–Trees are Terrific: Celebrate trees and the critters whose lives depend on them.
Reg. Required: (510) 636-1684
Fee: $4

SENIORS WITH JUNIORS
Crab Cove Naturalist Nancy
11am-12:30pm, Sun, Sep 18, Sep 25
Bring your curiosity and a favorite youngster (4-8yrs). I will be lively and you can be leisurely as together we explore nature. **Sept. 18**: Enjoy a fun search for bugs and other critters. Nature games and a craft included. **Sept. 25**: A combo of games and outdoor exploration will culminate in viewing live critters like worms, on a big-screen, so we can see body parts at work.

WAVES, WETLANDS, AND WATERSHEDS
Crab Cove Facendini, Kohut Frankel
4-6pm, Tue, Sep 27
This innovative workshop addresses coastal and marine issues! You will receive California Coastal Commission's science activity guide, participate in the activities, and get an overview of other relevant educational resources.
Reg. Required: (415) 597-5888

SENIOR SUNDAY–CRAB COVE
Crab Cove Gail Broesder
9:30-11am, Sun, Oct 23 #10293
Step back in time at Crab Cove: wetlands, land grants, "Coney Island of the West," Neptune Beach, and Seaman's training. A park where both people and wildlife are given room to flourish. Visit our classroom and explore the marine reserve, looking for clues to the past.
Reg. Required: (510) 636-1684

FOUND HOUR–STROLL
Crab Cove Gail Broesder
8-9:30am, Sun, Oct 30
Enjoy that "extra" hour today by getting out and exploring Crown State Beach. We'll walk to the bird sanctuary and back again.
Reg. Required: (510) 521-6887

SUNOL

Sunol Visitor Center is open Sat.-Sun., 10 a.m.-4:30 p.m. For info, call (925) 862-2601 or email svisit@ebparks.org.

MAGUIRE PEAKS RAMBLE
Sunol Cat Taylor
8am-1pm, Sat, Sep 3
Waves of crisp summer grass and the mirage of San Antonio Reservoir in the distance will greet us on this five mile ramble around the twin peaks known as the Maguires. We'll pause atop a lofty lookout and have lunch with the view as we try to spot the herd of elusive tule elk which roams these hills. Meet at the Old Green Barn. Bring lunch, beverage and binoculars.

OUTDOOR DISCOVERIES
Sunol Katie Colbert, Cat Taylor, Erica Herron
10-11:30am, Thu, Sep 8 #10232, Sep 15 #10233, Sep 22 #10234, Sep 29 #10235, Oct 13 #10237, Oct 27 #10238
7-8:30pm, Oct 6 #10236,
Children 3-5 years old and an adult friend are invited on this series of autumnal outdoor nature adventures. Different topics introduced each week. **Sept. 8**–With Just a Little "Tinder" Loving Care: Learn about this red-hot topic! What does fire need to survive? How can we use fire safely? Build a fire, cook up lunch, then put the fire out. **Sept. 15**–A Reptilian Way of Life: Can you lug your house around on your back? Scoot around on your scaley belly? Smell with your tongue? Hatch from an egg? We'll see what makes some local serpent celebrities tick up close and personal. **Sept. 22**– How Does the Garden Grow? Come and plant wildflower and grass seeds, native shrubs and vines to befriend the Old Green Barn. Water and fertilize (with you know what!) and make mud pies along the way. No fee today. **Sept. 29**–Falling For the Fall: Signs of fall are all around. Be-leaf it or not, nature's leafy forms can create beautiful works of tree-shirt art. Get to know local trees - find out whose bark is worse than its bite. **Oct. 6**–Owl in the Family: Just whoooooo is that hooting up a storm? Are they really as wise as they say? We'll explore the nocturnal world of owls tonight and see just what they had for dinner as we dissect some pellets. Bring one flashlight per person. **Oct. 13**–The Seedy Side of Sunol: Ouch! Something fell on my head. Is the sky falling? Or just another acorn? We'll investigate the seedy world of acorns and more seeds. Get down and dirty to plant the seeds of tomorrow's forests. **Oct. 27**–Our Boo-Day-Halloween Celebration: Calling all ghouls and boos–dress up as your favorite character and discover the roots of this ancient Holiday. Bring a pumpkin and carving utensils and take part in our annual gourd carve and costume parade.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

ECO EXPLORERS: MAGUIRE PEAKS NIGHT HIKE
Sunol Cat Taylor
4-8:30pm, Sat, Sep 10 #10239
Adventurous kids in grades 3-7 and their parents are invited on this new series for kids and families who like to explore different parks for unique up-close, hands-on adventures. During a stroll around the 5 mile Maguire Peaks loop, dine with a sunset view then prowl, look and listen for nature's nightshift to appear. Adult participation required (one for every 2 children).
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

VALLEY NATURE RIDE
Sunol Interpretive Staff
9-9:45am, Sun, Sep 11 #10225, Sep 25 #10226, Oct 2 #10227,
10-10:45am, Sun, Oct 30 #10228
Enjoy an introduction to the cultural and natural history of Sunol, then enjoy a 20 minute guided horseback ride. Parent participation required. 6+yrs.
Reg. Required: (510) 636-1684
Fee: $17 (non-res. $19)

Jo Frisch

SUNOL DOCENT TRAINING
Sunol Erica Herron
9:30am-12:30pm,
Tuesdays, Sep 20-Nov 15
Are you passionate about the environment? Do you enjoy working with people of all ages? Can you commit to helping naturalists with at least two programs per month for a year? For further information and an application email: eherron@ebparks.org. (Adults)
Reg. Required: (925) 862-2601
Fee: $20 (non-res. $22)

Pirates of the Cocoabean

SUNOL'S ANNUAL HALLOWEEN HAUNTING: PIRATES OF THE COCOABEAN
Sunol Capn' Cat Taylor
Sat, Oct 22, 5:15-6:45pm #10214
5:30-7pm #10215
5:45-7:15pm #10216
6-7:30pm #10217
6:15-7:45pm #10218
6:30-8pm #10219
7-8:30pm #10220
7:15pm-8:45pm #10221
7:30-9pm #10222
7:45-9:15pm #10223
8-9:30pm #10224
Yo ho! Avast there, ye scurvy scum of all ages and genders! Is it treasure and adventure that you be craving? Got a hankerin' in your heart for the flavors of chocolate? Join our jolly crew–the Pirates of the Cocobean–on a Halloween treasure hunt through exotic lands inhabited by ghosts, ghoulies and other familiars of All-Hallows Eve. We'll have swashbuckling adventures as we ferret out the reasons we celebrate this special night the way we do. Hikes become more dark and spooky as the evening progresses (nothing gory or too disgusting). 5:15-6:30 start times best for younger children. Pre-registration limited to families and individuals only–no large organized groups. Children must be accompanied by an adult. Only ticketed guests permitted–no drop-ins allowed (tickets non-refundable). Limit of 8 tickets per household.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

SCIENCE FOR TYKES
Sunol Cat Taylor
Noon-3pm, Sat, Sep 17 #10240
6:30pm Fri, Oct 7-10am, Sat, Oct 8 #10241
Budding scientists ages 4-8 and their families are invited on this series of science programs set in a wildly exciting outdoor laboratory! **Sept. 17**–Little Yosemite Rock & Walk: Delve into the ancient and complex geology of the area on a rock talk out to the Little Yosemite

= Register at www.ebparks.org = Disabled accessible program = Parking fee may be charged = Financial assistance is available

TILDEN MINI-RANGERS
Tilden Nature Area
Dave Zuckermann
3:30-5:30pm, Tue, Sep 6 #10163, Oct 18 #10164
Find out how it feels to be a Ranger! Join us for an active afternoon of nature study, conservation and rambling through woods and waters. Dress to get dirty; bring a healthy snack to share. For 8-12 year olds, unaccompanied by their parents.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

gorge. 3 miles round trip with some steep uphill. Adult participation required (one for every 2 children). **Oct. 7-8**–Owl Prowl and Campout: After a potluck dinner, we'll tune our ears and turn our eyes to the night skies as we discover the wise, wild, head-turning world of owls. Then we'll camp out under the stars and listen for owl-speak during the night. Details sent after registration.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)
Oct. 7-8 Fee: $7 adult/$15 child (non-res. $9/$17)

WILDERNESS TREKKERS
Sunol
Katie Colbert
4-6pm, Wed, Sep 28 #10243
Kids in grades K-6 are invited to see what's falling in the wilderness. Today: Spiders & Cobwebs & Ticks, Oh My!–Spiders are marvelous creatures with eight legs, a taste for flies, and many more eyes than we have. We'll look for them and also learn to avoid the hangouts of their equally wonderful relatives, the "terrible," talented ticks!
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

TILDEN NATURE AREA

The Environmental Education Center is open Tue.-Sun. 10 a.m.-5 p.m. The Little Farm is open daily. For info call (510) 525-2233 or email tnarea@ebparks.org.

KIDS GARDEN CLUB
Tilden Nature Area
Interpretive Staff
2-4pm, Sat, Sep 3, Sep 17, Oct 1, Oct 15
An exciting club for children ages 7-12, exploring the world of gardening. We plant, harvest, build, make crafts, cook and get dirty! Themes and activities vary.
Reg. Required: (510) 525-2233
Fee: $6 (non-res. $8)

PEAK EXPERIENCE
Tilden Nature Area
Alan Kaplan
2-4:30pm, Sat, Sep 3
Hike to Wildcat Peak for great views of the Bay Area and lots of natural history notes along the trail.

LAUREL CANYON HIKE
Tilden Nature Area
Alan Kaplan
2-4:30pm, Sun, Sep 4
The heart of the Nature Area awaits us! Lots of natural history and a cool stream will be featured.

LABOR DAY OPEN HOUSE AND TEA
Tilden Nature Area
Staff
11am-5pm, Mon, Sep 5
Come for games, food tastings, talks, and visits with our reptiles and bunnies (not at the same time)! Stay for tea at 4 pm.

TEA AT FOUR
Tilden Nature Area
Alan Kaplan
4-5pm, Mon, Sep 5
Be our guest for a final tea. Samples of the best from Asia and elsewhere, plus natural and cultural history of this popular beverage.

MID-DAY MEANDER
Tilden Nature Area
Alan Kaplan
2:30-4:30pm, Tue, Sep 6
Say good-bye to Alan on this hike on some of his favorite trails; natural and cultural history of the Nature Area will be a lagniappe.

MINI-FARMERS
Tilden Nature Area
Interpretive Staff
10-11:30am, Sat, Sep 10, Oct 8
A farm exploration program for kids ages 4-6 years. We will explore the Little Farm, care for animals, do crafts and farm chores. Wear boots and dress to get dirty!
Reg. Required: (510) 525-2233
Fee: $6 (non-res. $8)

JEWEL LAKE STROLL
Tilden Nature Area
Interpretive Staff
10-11:30am, Sun, Sep 11
Learn who lives in and around our beautiful lake.

FARM FRIENDS
Tilden Nature Area
Interpretive Staff
1-2:30pm, Sun, Sep 11
Feathers, fabric and food: the barnyard is alive with information.

TILDEN TOTS
Tilden Nature Area
Linda Yemoto
10-11:30am, Tue, Sep 20 #10405, Thu, Sep 22 #10406, Wed, Oct 19 #10407, Thu, Oct 20 #10408
Join an outdoor, nature adventure program for 3 & 4 year olds, each accompanied by an adult (grandparents welcome)! September will feature our flying friends; in October we'll have our nature treasure hunt.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

EQUAL DAY & NIGHT ALL AROUND THE WORLD
Tilden Nature Area
Nicole Hicks
2-4pm, Sat, Sep 24
The Equinox has been acknowledged throughout human history. Let's explore and compare past and present cultural celebrations for this time of equal light and equal dark across the earth.

ARTIST EXHIBITION–PATRICIA BULITT
Tilden Nature Area
10am-5pm, Aug 3-Sep 30
Performance artist Patricia Bulitt, along with artists Deborah Green and Annie Hallatt, have developed an enchanting art exhibition featuring eleven large, cut out birds with English, Chinese and Spanish text on bird ecology and natural history. Come wander through these wondrous creations as you learn about eleven birds of the Bay Area. You can also participate in "Building a Bird Cape" from an old fish net by writing a message to a bird which will be tied to the cape with a molted feather from a Canada Goose.

SPOOKY SERIES–HALLOWEEN ANIMALS
Tilden Nature Area
Jessica Sheppard
2-4:30pm, Sun, Oct 2 #10417, 9 #10418, 16 #10419, 23 #10420
Join this series of exciting programs about the animals associated with Halloween. Discover their connection to this scary holiday as you enjoy activities, a snack and see some live animals! Learn the facts, explore the myths, and leave with a new appreciation of this month's wonderful mascots. **Oct. 2**; Snakes & Spiders, **Oct. 9**; Cats & Rats, **Oct. 16**; Newts & Toads, **Oct. 23**; Owls & Bats.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

TILDEN EXPLORERS
Tilden Nature Area
Linda Yemoto
3:15-4:45pm, Tue, Sep 27 #10410, Wed, Oct 19 #10411
An after-school nature adventure for 5-7 year olds, who may be accompanied by an adult. No younger siblings please. In September we'll learn about birds and bird migration; in October we'll follow our nature treasure hunt.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

AUTUMN ARACHNIDS
Tilden Nature Area
Linda Yemoto
2-3:30pm, Sat, Oct 1
We start with a fun slide show on the mysteries of the spider. Then we'll explore the area looking for orb weavers, jumping spiders, wolf spiders and more.

FALL BIRD WALKS
Tilden Nature Area
Jessica Sheppard
9:30-11am, Sun, Oct 2, 9, 16, 23
Welcome back Northern Flicker, Kinglets and any other not-so-early risers.

TODDLER NATURE WALK
Tilden Nature Area
Interpretive Staff
2-3pm, Sat, Oct 15
Calling all non-napping toddlers, come along on a little nature adventure for 2-3 year olds and their grown-up friends. We'll look for spiders, insects and other fascinating creatures.

WHERE DO ALL THE LEAVES GO
Tilden Nature Area
Nicole Hicks
2-4pm, Sat, Oct 22
It's autumn again and all the leaves are changing color and falling off the trees. Let's find out why this is and take note of other signs of fall. We'll have some autumnal snacks, learn a little science and even do a craft! 7+yrs.
Reg. Required: (510) 525-2233
Fee: $5 (non-res. $7)

THE HAUNTED CAVES OF THE EEC
Tilden Nature Area
Yemoto, Interp. Staff
1-3:30pm, Sat, Oct 29
Come venture through the dark and spooky Halloween caves... if you dare. Crafts and refreshments will greet you at the end of the darkness. 3+yrs.
Fee: $3

PUMPKIN CARVING–B.Y.O.P.
Tilden Nature Area
Jessica Sheppard
2-4pm, Sun, Oct 30
That's "bring your own pumpkin," we'll get creative with them.

Ira Bieg

FIRE IN YOUR BACKYARD: FRIEND OR FOE?
Tilden Nature Area
Dave Zuckermann, Ken Blonski
10am-1pm, Sat, Sep 17
Adults are invited to learn fire safety tips and tricks, participate in hands-on demonstrations, and discover the role that fire plays in the Regional Parks. Children's activities, including the "Battle of the Fire Trucks," start at noon.

Martin Luther King, Jr., Shoreline.

WEDNESDAY WALKS
Various parks
Christina Garcia
9:30-11:30am, Wednesdays, Sep-Oct
Explore a new East Bay Regional Park every week with our friendly walking group. Discover the natural and human history of our beautiful parklands and improve your health on a fast-paced hike. Hikers of all ages and abilities are welcome. For more information and complete directions, please call (510)796-0199 and request a flyer or e-mail CGarcia@ebparks.org. **Sept. 7**–Martin Luther King, Jr., Shoreline: Enjoy cool bay breezes on a walk along the shore of this urban oasis. Our easy 3.5 miles will take us along the shore of San Leandro Bay and Arrowhead Marsh. Be sure to bring binoculars to view shorebirds and waterfowl. Meet at the last parking lot by the observation deck. **Sept. 21**–Redwood: Meet at Canyon Meadow Staging area for a moderately- strenuous 4 mile hike through shady redwood groves. **Sept. 28**–Lake Chabot: We'll travel along the shadier eastshore of the lake and make a somewhat-strenuous loop through the hills on this 4.5 mile hike. **Oct. 5**–Sunol: Climb up the McCorkle Trail and get a great view of the wilderness on this rugged 3.5 mile hike. **Oct. 19**–Anthony Chabot: Meet at Bort Meadow Staging Area on Redwood Road for a moderately-strenuous 3.5 mile hike. We'll compare plant communities as we descend into narrow Grass Valley and climb up the opposite ridge. **Oct. 26**–Las Trampas: Enjoy expansive ridgetop vistas and a variety of vegetation on this steep climb up to the top of Las Trampas Ridge. The trail levels out comfortably along the top, with a few gentle ups and downs. Total distance is about 3 miles. For information, call (510) 796-0663.

LAKE DEL VALLE SCENIC BOAT TOUR SP
Del Valle Interpretive Staff
1-2:30pm, Sats & Suns in September
There's no better way to enjoy Lake Del Valle than a boat tour to the dam. A guide will answer your questions about the lake, the wildlife, and the activities available for you in the park. Bring a jacket, sunscreen and binoculars if you have them. Purchase tickets at the west-side concession beginning at 11 am; age 13 and up/$4.25; age 1-12/$2.75; under 1 year/free if in parent's arms. Mandatory flotation devices provided. Canceled if five or fewer sign-ups. For information, call (925) 862-2601.

OTHER PARKS

WOMEN ON COMMON GROUND SP
Various parks Katie Colbert
Times and dates vary
A series of naturalist-led programs for women who love to hike, camp and play in parklands, but whose concern for personal safety keeps them from enjoying their parks. For a fall flier, email svisit@ebparks.org, call (925) 862-2601, or write Sunol Regional Wilderness, P.O. Box 82, Sunol, CA 94586.

BOTANIZING CALIFORNIA III: INLAND PLANT COMMUNITIES OF COAST RANGES
Various locations Glenn Keator
Dates and times vary
Field trip #1: Oathill Mind Road near Calistoga and Palisades area east of Mt. St. Helena. Field trip #2: Summit area of Mt. Diablo. For more information see www.nativeplants.org.

DOCENT-GUIDED GARDEN TOURS
Botanic Garden Staff
2 pm, Saturdays & Sundays
Learn about California native plants on free, docent-guided tours at the beautiful, naturalistic 10-acre Botanic Garden in Tilden Regional Park. Wildcat Canyon Road and South Park Drive. For more information see www.nativeplants.org or call (510) 841-873.

NEW MOON WALK
Tilden Regional Park Alan Kaplan
7:30-9:30pm, Sat, Sep 3
Meet at Inspiration Point, walk down the Nimitz Way for views of the late-summer sky, and hear their stories. Can you say Hertzsprung-Russell diagram without smiling? For information, call (510) 525-2233.

BOTANIC GARDEN DOCENT TRAINING
Botanic Garden
9:30am-12:30 pm, Tuesdays after Labor Day.
For more information see www.nativeplants.org or contact Glenn Keator at gkeator@aol.com.

DEL VALLE CAMPFIRE PROGRAMS SP
Del Valle Family Campground
Interpretive Staff
8-8:45pm, Fri, Sep 2, Sat, Sep 3, 10, 17, 24
Join the Sunol interpretive staff for entertaining and educational programs at the campground amphitheater. One of our staff will visit campsites before each evening's campfire program to answer questions about the Regional Parks, Del Valle, and park plants and animals. Non-campers are welcome. For information, call (925) 862-2601. **Sept. 2**–Tarantula Tales: Prowling the campground on eight hairy silent feet, stalking those who least suspect it . . . Seems like the fixins for a Hollywood horror flick–and it has been done many a time! We'll see what these gentle giants are actually up to in these late summer months and try to see life from the perspective of these much-maligned and misunderstood arachnids. **Sept. 3**–Whatever Happened to the California Grizzly Bears?: Grizzly Bears were powerful and imposing creatures that once dominated California. Find out through slides, skins and skulls where they lived, what they ate, encounters with humans, and why they became expatriated from our California landscape.

HUNTIN' FOR HABITAT
Briones Sabrina Dussau
10-11am, Sat, Sep 3
Animals live in just about every nook and cranny in the natural world. Explore with us on a hike to determine how different animals are adapted to different habitats.
Reg. Required: (925) 757-2620

SMOKEY BEAR AND WILDLAND FIREFIGHTING
Anthony Chabot Amphitheatre
Naturalist Nancy
8-9pm, Sat, Sep 3
Delve into the world of wildland firefighting and prevention. Smokey will visit along with a Park fire truck and firefighters, conditions permitting.

GREAT REALIGNMENT OF CALIFORNIA PLANTS
Botanic Garden Alan Kaplan
10am-noon, Sun, Sep 4
A whole lot of shakin' is goin' on in botany. You can add a raft of new families to your knowledge base (without going to the tropics) on this walk through the Botanic Garden in Tilden Regional Park. For information, call (510) 525-2233.

BASKETRY AND FOOD PLANTS GATHERING
Various Beverly Ortiz
10am-4:30pm, Sun, Sep 4 #10191, Oct 30 #10192
California Indians managed the landscape with methods that increased the health and abundance of plants. You'll have an opportunity to learn about these methods while helping us gather plant materials for next year's Ohlone culture programs. **Sept. 4**: We'll gather sedge for basketry. **Oct. 30**: We'll gather acorns, elderberries, madrone berries, peppernuts, teas, and/or maple. 18+yrs.
Reg. Required: (510) 636-1684

A FEAST OF EDIBLE PLANTS SP
Garin Beverly Ortiz
10am-noon, Mon, Sep 5 #10210
On this leisurely walk through a shady, wooded canyon, we'll identify native plants used for food, including seeds, bulbs, nuts, berries, and teas. Along the way, you'll be treated to acorn soup, roasted peppernuts, and plant teas. We'll also identify local poisonous plants.
Reg. Req.: (510) 636-1684

GARIN APPLE FESTIVAL SP
Garin Kristina Parkison
Noon-4pm, Sat, Sep 10
Looking for a deliciously delightful way to enjoy California History month? Then join us at the Garin Apple Festival to learn about and celebrate Alameda County's rich ranching and farming history. You'll be able to participate in old-fashioned games for the whole family and sample and help make such foods as apple crisp, cider, and ice cream. There'll also be tours of the nearby heirloom apple orchard and tastings of the delicious fruit grown there. For information, call (510) 795-9385.

APPLE SWEETS & TEA TALK SP
Garin
Southworth, McLean Whitaker
2-3pm, Sat, Sep 10
Join the "Tea Talk Lady" for "words of wisdom" on the subject of tea. Complete your "sense-ational" Apple Festival experience with a "spot" of tea and a mouth watering treat. For information, call (510) 795-9385.

MISSION PEAK MEANDERING
Mission Peak Beverly Ortiz
1:30-4:30pm, Mon, Sep 5 #10211
Expansive views await on this leisurely walk up the peak's lower slopes. Along the way, we'll discuss the fascinating adaptations that enable a wide variety of plants and animals to thrive here, both native and non-native, from tiny insects to massive oaks.
Reg. Required: (510) 636-1684

OUT FOR OAKS
Morgan Territory Sabrina Dussau
10am-2pm, Sat, Sep 10
We'll brake for Quercus on this hardy hike through some of the East Bay's most glorious oak woodlands. Discover how acorn trees support a diversity of life and harvest skills helpful in identifying them.
Reg. Required: (925) 757-2620

GRANDPARENT'S DAY WATERFRONT STOLL
Martinez Regional Shoreline Mike Moran
10-11:30am, Sun, Sep 11
A fine way to celebrate Grandparent's Day is a stroll through the wetlands and history of the County Seat, wouldn't you say?
Reg. Required: (925) 757-2620

THURSDAY BIRDING: RAPTORS IN THE DALE
Round Valley Mike Moran
9-11:30am, Thu, Sep 15
The annual raptor migration is in flight! Scan skyward for golden eagles and other denizens of the heights.
Reg. Required: (925) 757-2620

BREAKFAST HIKE OVER THE DAM SP
Del Valle–Arroyo Staging Area Cat Taylor
8-10am, Sat, Sep 17
Pack a picnic and enjoy a hike above the Lake Del Valle dam for views of the lake and the valley below. Hear of the history and natural wonders around us. Bring binoculars to look for the elusive eagles and ospreys. Meet at the Arroyo Del Valle staging area at the south end of Arroyo Road (L Street) in Livermore. No access from Lake Del Valle. For information, call (925) 862-2601.

FARALLON ADVENTURE
Pier 39, San Francisco Broesder, Moran
8am-5pm, Sat, Sep 17 #10286
Special opportunity to view the amazing wildlife off the Farallon Islands, all aboard the *Adventure Cat II*, a state-of-the-art 65-foot catamaran! We'll leave from San Francisco and search the Pacific for some of more than 18 species of whales and 12 species of seabirds that nest on the islands. After crossing the feeding grounds of blue and humpback whales, we'll tuck in for a close view of the islands before returning to San Francisco as the sun sets. Parent participation required. For more information call (510) 521-6887. 8+yrs.
Reg. Required: (510) 636-1684
Fee: $75 (non-res. $83)

BROOKS ISLAND VOYAGE SP
Brooks Island Dave Zuckermann
10am-2:30pm, Sun, Sep 18 #10162
Paddle the rising tide across the Richmond Harbor Channel to Brooks Island. Explore the island's natural and cultural history, and enjoy views from its rocky peak. For experienced boaters who can provide their own canoe or kayak, and safety gear. Parent participation required. 14+yrs.
Reg. Required: (510) 636-1684
Fee: $14 adult/$10 child (non-res. $16/$12)

"GOING NATIVE" SYMPOSIUM
Various locations
Sat, Sep 24, Sun, Sep 25
Sept. 24 sponsored by the Friends of the Regional Parks Botanic Garden at the Environmental Education Center, Tilden Park, Berkeley. **Sept. 25**, symposium on Montara Mountain, Pacifica. For more information or to register: www.nativeplants.org and click on "symposium."

RETURN OF THE OVER-THE-HILLS-GANG SP
Various parks Dave Zuckermann
10am-noon, Tue, Sep 27, Oct 25
Hikers 55 years and older who are interested in nature study, history, fitness and fun are invited to join us on a series of monthly excursions exploring our Regional Parks. **Sept. 27**–Miller/Knox: Smack-dab in the heart of industry lies this peaceful shoreline; climb the hills and learn its history. **Oct. 25**–Tilden Nature Area: Explore this original Regional Park! 55+yrs.
Reg. Required: (510) 525-2233

GETTING IT RIGHT: CREATING A NATIVE GARDEN
Botanic Garden Glenn Keator
10am-3pm, Sat, Oct. 1, Oct. 8
For more information see www.nativeplants.org.

SENIOR SUNSET SAUNTERS SP
Various parks Bethany Facendini
5:30-7pm, Sat, Oct 1
6-7:30pm, Sat, Oct 8
5:30-7pm, Sat, Oct 15
What causes the brilliant colors of an awe inspiring sunset? Have you ever seen the green flash? Are you curious about the composition of our closest star? Come absorb sun trivia, while enjoying a stunning sunset with other

= Register at www.ebparks.org = Disabled accessible program SP = Parking fee may be charged = Financial assistance is available

spectacular seniors during this evening walk series! Bring a sack dinner, water and something edible to share. **Oct. 1**: Crab Cove. **Oct. 8**: Sibley. **Oct. 15**; Oyster Bay.

BIG BOG FULL OF BEAVERS AND BIRDS
Big Break Mike Moran
10-11:30am, Sun, Oct 2
Believe it! Bring out the family for a casual two-mile exploration of delightful Delta wetlands along a flat paved trail.
Reg. Required: (925) 757-2620

SENIOR SUNDAY–CULL CANYON
Cull Canyon Gail Broesder
8-9:30am, Sun, Oct 9 #10296
We'll explore this popular Castro Valley swimming spot in the cool of the morning. Look for both human and natural changes to the landscape. (See also Senior Sunday at Crab Cove.)
Reg. Required: (510) 636-1684

BLACK HILLS AUTUMN
Morgan Territory Mike Moran
9am-1pm, Thu, Oct 13
Hike one of the newest trails in the Park District! The Clyma Trail guides us through fascinating local history and oak woodland as part of this hearty, hilly and quintessentially autumn experience.
Reg. Required: (925) 757-2620

WILD ABOUT WETLANDS
MLK Jr. Shoreline Bethany Facendini
2-3:30pm, Sat, Oct 15
Go wild! Discover wildlife thriving in a wetland through observation, activities, and a craft. We depend on the health of this wonderful habitat, and we can protect it!

SOMETHING FISHY
Temescal Gail Broesder
10-11am, Sun, Oct 16
Drop by today if you've ever wanted to learn more about fish and fishing. Make a fish-print, explore the lake looking for the "good" fishing spots and what makes them so special.

FALL COLORS PHOTOGRAPHY NATURE HIKE
Redwood B Facedini, F. Balthis
9am-3pm, Sat, Oct 22 #10299
Explore nature through a new lens and be inspired by the brilliance of autumn! As you capture images on this six mile hike over varied terrain, we will discuss the natural history of the area. You will learn new techniques and environmental ethics of digital and film photography. 15+yrs.
Reg. Required: (510) 636-1684
Fee: $50 (non-res. $56)

THURSDAY BIRDING: DELTA WETLANDS
Ironhouse Sanitary Dist. Mike Moran
9-11:30am, Thu, Oct 27
Autumn is the best time to "quack" up over ducks, "dig" the feeding shorebirds and "prey" for migrating raptors!
Reg. Required: (925) 757-2620

HALLOWEEN CAMPFIRE
Redwood Interpretive Staff
7-9pm, Sat, Oct 29 #10294
Tricks and treats will lure you to the redwood forest for this annual Halloween celebration! If you dare, take a one-half-mile walk full of surprises with a guide. You will be delighted by a pumpkin-lit path at the end of the trail. We will enjoy a roaring campfire with Halloween nature stories, songs, and roast marshmallows. Limit 8 spaces per household. Parent participation required.
Reg. Required: (510) 636-1684
Fee: $6 (non-res. $8)

AUTUMN IN THE GREAT DALE
Round Valley Mike Moran
9am-1pm, Sun, Oct 30
Celebrate the return to standard time with a hilly and hearty four-mile foray through a wonderland of oaks, vast vistas, and the beauty of the season. 8+yrs.
Reg. Required: (925) 757-2620

WINTERIZE YOUR NATIVE GARDEN
Botanic Garden Melendez and Hass
10am-1:30pm, Sun, Nov. 20
Botanic Garden visit plus optional visit to the Fleming Garden. For more information see www.nativeplants.org.

VOLUNTEER

PUBLIC SAFETY VOLUNTEERS
On-going volunteer programs assist District staff in the delivery of essential services, including educating trail users about trail safety; assisting the helicopter with rescues; supplementing police in patrol activities and incident response. Certifications and/or training are required for some programs. FLIGHT MEDICS, Sgt. White, Info: (510) 785-3370. BICYCLE PATROL, HIKING PATROL, COMPANION DOG PATROL, MOUNTED PATROL, Patrick Balizan, Info: (510) 544-3133

PARK/TRAIL GUIDES
Guides are needed to assist the visually impaired in hiking on Regional Parks trails. Training provided by Bay Area Outreach Recreation Program (B.O.R.P.).

WILDLIFE VOLUNTEERS: IT'S YOUR TERN
Hayward Regional Shoreline "Doc Quack"
2-5pm, Sun, Sep 11, 25, Oct 9, 23
An exciting adventure over land and water to help create and manage nesting habitat for the State and Federal listed endangered California least tern. You'll make new friends, peer into the world of wildlife, and earn your "Least Tern Habitat Helper" patch. Wear outdoor clothing (long pants), hiking boots (close-toed footwear), gloves, hats, water, and sunscreen.
Reg. Required: (510) 544-2340

COASTAL CLEANUP DAY
Various parks Staff
8:30am-noon, Sat, Sep 17
Join us in our 21sh annual shoreline cleanup! Park District staff and volunteers will pick up litter and recyclables from shoreline parks and along creeks in Alameda and Contra Costa Counties. For info call: (510) 544-2590. 6+yrs.

EDUCATORS ACADEMY

A SPIDER ADVENTURE
Tilden Nature Area Linda Yemoto
9:30am-4pm, Sat, Sep 10 #9376
s are fascinating and often maligned creatures that can enhance your teaching of natural science, math, literature, and art. We'll spend the day learning about spider features and families, habitats and habits. Activities will include outdoor spider hunts, teaching aids, nature crafts, snacks, and more! You will have what you need to teach about spiders on Monday or to enhance your Halloween curriculum! The workshop is designed for teaching grades K through 6. Correlated to State academic standards. CSUH credit available for an additional fee. Adult.
Reg. Required: (510) 636-1684
Fee: $45 (non-res. $51)

MONARCHS IN THE CLASSROOM PART II
Coyote Hills
Jan Southworth/Jessica Sheppard
1-4pm, Sat, Sep 17 # 9384
This class is for former "Monarchs in the Classroom" participants who would like a short refresher course. This version will offer information about the latest Monarch research, tagging efforts, and overwintering updates. Through round table discussions you'll share classroom strategies that worked for you and we'll problem-solve to maximize the success of this important science curriculum unit. Class will provide milkweed and larvae, which will allow you to kick-off the 2005 school year in a spectacular and captivating manner sure to spark your students' interest in science. We'll conclude with an optional field trip to the nursery in search of more butterfly-friendly plants. CSUH credit available for an additional fee. Adult.
Reg. Required: (510) 636-1684

INTRODUCTION TO SUSTAINABLE LIFESTYLES EDUCATION
Camp Arroyo, Livermore
Margaret Kelley/staff
9:30am Saturday to 2pm Sunday, Sep 24 & 25 #9367
For the first time ever, teachers are invited to bring their dependent children for a weekend of living and learning at Camp Arroyo, a "green" overnight camp. Teachers usually only get to attend Camp Arroyo with their classroom students for a 5-day, 4-night outdoor school. This camp not only provides beautiful living and learning facilities, it also serves as a tangible example of sustainable development. Learn about ecological building, Wild Places, Voices of the Past, Food Forests, and edible gardens and worms, while your children are involved in recreational programs and team building! You bring your personal gear; we will provide food and lodging! Camp Arroyo is a new state-of-the-art environmental education center and youth camp located in south Livermore. Its goal is to introduce students to important concepts about sustainable living. The unique curriculum not only teaches students about our natural, cultural, and built environment, but also provides a healthy atmosphere to develop a sense of community. A central goal of the program is to foster critical thinking about the environment and to help develop creative solutions to issues that students will encounter throughout their lives. Through a series of fun, hands-on activities based on California State Academic Standards, Camp Arroyo's curriculum will help produce the next generation of environmental stewards and community leaders. Correlated to State academic standards. Incentives available. CSUH credit available for an additional fee.
Reg. Required: (510) 636-1684
Fee: $120 teacher & $30 child of teacher (non-res. $132/$34)

MONARCHS IN THE CLASSROOM
Coyote Hills Sheppard/Parkison
9:30am-4:30pm, Sat, Oct 1 #9368
The distinctive Monarch is a popular insect for its beauty and fantastic over-wintering behavior. This familiar butterfly is also an exceptional educational tool for the classroom. This session will provide teachers with guaranteed techniques for successful milkweed propagation and Monarch butterfly rearing. You will construct and take home your own rearing cage, complete with milkweed and larvae, to provide immediate personal learning opportunities for your students. Ideal for K through 5th grades. Correlated to State academic standards. Incentives available. CSUH credit available for an additional fee.
Reg. Required: (510) 636-1684
Fee: $45 (non-res. $51)

GEOLOGIC AND MINING HISTORY OF BLACK DIAMOND
Black Diamond Parent & Kanagaki
9am-5pm, Sat, Oct 22 #9369
In celebration of Earth Science Week, journey back in time and explore the geologic and mining history of Black Diamond Mines.

The Educators Academy offers outstanding opportunities to help educators become comfortable in using parks and other outdoor environments as extended classrooms for students. Programs, detailed on this page (see also www.regparksfdn.org/educators_classes.html), are interdisciplinary, featuring proven techniques in real-world environments. The programs integrate California State Frameworks and many offer California State University, Hayward, Continuing Education credits. The activities are easy to follow with results measurable through elevated student interest and increased learning. The overall curriculum varies from the study of various ecology issues to introductions to Central California Indian skills. Upcoming fall classes will cover subject areas ranging from spider, trout, and monarch butterfly studies to sustainable lifestyles education. Instructors are East Bay Regional Park District naturalists, including Alan Kaplan (above, left) and Jan Southworth (above, right).

Learn techniques and discover resources for developing curricula for 3rd grade and up. A visit underground into a silica sand mine, a geology hike on the surface, and a tour of historic Rose Hill Cemetery will highlight the day. Workshop is co-sponsored by the Northern California Geologic Society. Correlated to State academic standards.
Reg. Required: (510) 636-1684
Fee: $45 (non-res. $51)

TROUT IN THE CLASSROOM
Tilden Nature Area
Margaret Kelley & Ethan Rotman, CA Dept. of Fish & Game
9am-4pm, Sat, Nov 19 #9392
Through a classroom experience of hatching fish eggs and coordinated activities, students experience first-hand the value of aquatic environments, the balance that must be met to maintain and preserve California's fisheries and aquatic habitats, and how personal actions affect these valuable resources. Instructors and students set up and stock a classroom aquarium and observe the fish as they hatch and develop. The experience may culminate in a field trip to a local stream or river where the fish are released. This is a hands-on, interdisciplinary project for grades K-12. Full completion of this workshop is required to become eligible to receive a permit to hatch fish eggs in the classroom. Topics covered include fish biology, life cycles, how to set up and maintain your aquarium, ideas for how to introduce these topics in a multi-curricular approach, and how this activity correlates to state educational standards. This training is co-sponsored by the California Department of Fish and Game, Tri-Valley Flyfishers, Golden West Flyfishers, Grizzly Peak Flyfishers, and Diablo Valley Flyfishermen. For more information, please call (415) 892-0460. CSUH credit available for an additional fee.
Reg. Required: (510) 636-1684
Fee: $25 (non-res. $29)

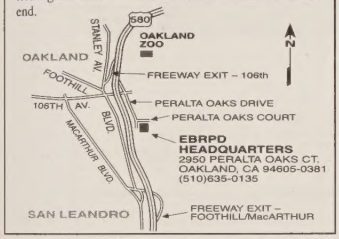
MEMBERSHIP PROGRAM

Enjoy free parking, free dog pass, free swimming during swim season, free admission to Ardenwood during non-event days, members-only newsletter, discounts from Urban Park Concessionaires and The Picnic People (restrictions apply). For info see www.ebparks.org.

Individual Memberships (valid for one person only; must be a resident of Alameda or Contra Costa counties):
$45 Regular, $38 Senior, $10 Senior Partner Pass, $38 Disabled Person, $38 Student (all categories $60 for non-residents of Alameda or Contra Costa counties).
Family Memberships (Valid for up to 2 named adults 18+ years and up to four children 2-17 years):
$90 Regular, $76 Senior, $76 Disabled Person, $76 Student (all categories $120 for non-residents of Alameda or Contra Costa counties).
Donor Circle Membership and Philanthropy (includes one Family Membership package):
$250 Tilden Circle, $500 Reinhardt Circle, $750 Mott Circle, $1,200 Sibley Circle.

To reach the Central Registrations office:

From south or east of Oakland on I-580 West, take the MacArthur/Foothill exit in San Leandro. Bear right onto Foothill; turn right on 106th Ave. and right again onto Peralta Oaks Drive. Follow it to the end. From Oakland or north or west of Oakland on I-580 East, take the 106th Ave. exit in Oakland. Take the first three left turns; this will put you on 106th Ave. From 106th, turn right onto Peralta Oaks Drive and follow it to the end.



SPECIAL RECREATIONAL FACILITIES AND PROGRAMS

FACILITIES and PROGRAMS	PARK	OPERATOR	PHONE
Archery - Field and Target	Briones	Briones Archers	(510) 724-3814
Archery - Field and Target	Redwood	Redwood Bowmen Assoc.	(510) 530-0400
Bike Rentals	Del Valle	Windsurf Del Valle	(925) 455-4008
Boat Rentals	Del Valle	Urban Park Concessionaires	(925) 449-5201
Boat Rentals	Shadow Cliffs	Park Vending and Concession	(925) 846-9263
Boat Rentals	Lake Chabot	Lake Chabot Park Company	(510) 582-2198
Camping (groups)	Various Parks	East Bay Regional Park District	(510) 562-2267
Camping (families)	D.Valle, A. Chabot, Sunol (EBRPD)		(510) 562-2267
Dog Wash	Pt. Isabel	Mudpuppy's Tub & Scrub	(510) 559-8899
Golf, Driving Range, Food, Banquet	Lake Chabot	Willow Park Inc.	(510) 537-8989
Golf, Driving Range, Food, Banquet	Tilden	American Golf	(510) 848-7373
Hang Gliding - Experienced Flyers	Mission Peak	Wings of Rogallo	(408) 476-2227
Blacksmith	Ardenwood	Scott Thomas	(510) 790-9060
Horse Arena	Martinez Shoreline	Martinez Horseman Association	(925) 228-8210
Horse Arena	Redwood	Judith Castro	(510) 336-0850
Horse Boarding Barn, Lessons	Anthony Chabot	Chabot Stables, Sara Crary	(510) 569-4428
Horse Boarding Barn, Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Boarding Barn, Lessons	Redwood	Piedmont Stables	(510) 531-9944
Horse Boarding Barn, Lessons	Anthony Chabot	Skyline Ranch Equest. Center	(510) 336-0850
Horse Day Camp	Las Trampas	Las Trampas Stables	(925) 838-7546
Horse Day Camps	Castle Rock	Adventure Day Camp	(925) 937-6500
Horse Rentals, Trail Rides and Lessons	Little Hills	Las Trampas Stables	(925) 838-7546
Horse Rentals, Trail Rides	Sunol	Sunol Pack Station	(925) 862-0175
Marksmanship - Target & Skeet	Anthony Chabo t	Chabot Gun Club	(510) 569-0213
Meeting and Club Activities	Martinez Shoreline	Martinez Sportsman Club	(925) 228-5638
Meeting and Club Activities	Martinez Shoreline	Martinez Pigeon Club	(925) 228-8222
Meetings, Weddings and Banquets	Tilden Brazil Room	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Kennedy Grove	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	Temescal	Regional Parks	(510) 540-0220
Meetings, Weddings and Banquets	MLK Jr. Shoreline	Regional Parks	(510) 540-0220
Merry-Go-Round, Children's Parties	Tilden	Terri Holliman	(510) 524-6773
Model Boat Facility	Ala. Creek Quar.	Model Mariners	www.namba9.com
Model Railroad - 5 Scales and Museum	Miller Knox	Golden State Model RR Museum	(510) 234-4884
Native Plants	Tilden	NativeHere Nursery	(510) 549-0211
Native Plants	Carquinez	CREEC	(510) 787-9772
Picnics (groups)	All Parks	East Bay Regional Park District	(510) 562-2267
Picnics, Parties and Events (groups)	Castle Rock	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Little Hills	Picnic People	(925) 462-1400
Picnics, Weddings, Food (groups)	Ardenwood	Picnic People	(925) 462-1400
Railroad - Rides, and Museum	Ardenwood	Society to Preserve Carter Bros	(510) 796-9560
Trains - Model Steam Engines	Tilden	Golden Gate Live Steamers	(510) 486-0623
Trains - Steam Train Rides	Tilden	Redwood Valley Railroad	(510) 548-6100
Waterslide, Food, Group Picnics	Shadow Cliffs	Shadow Cliffs Association	(925) 829-5600
Windsurfing - Rentals and Lessons	Del Valle	Windsurf Del Valle	(925) 455-4008
Windsurfing - Rentals and Lessons	Crown Beach	Boardsports	(415) 258-9283

VISITOR CENTERS

ARDENWOOD
34600 Ardenwood Blvd.
Fremont, CA 94555-3645
(510) 796-0663

BLACK DIAMOND MINES
5175 Somersville Road
Antioch, CA 94509
(925) 757-2620

BOTANIC GARDEN
Tilden Regional Park
Berkeley, CA 94708
(510) 841-8732

COYOTE HILLS
8000 Patterson Ranch Rd.
Fremont, CA 94555-3502
(510) 795-9385

CRAB COVE VISITOR CENTER
1252 McKay Avenue
Alameda, CA 94501-7805
(510) 521-6887

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 862-2601

GARIN
1320 Garin Avenue
Hayward, CA 94544-6822
(510) 795-9385

SUNOL-OHLONE
P.O. Box 82 (on Geary Road)
Sunol, CA 94586
(925) 862-2601

TILDEN NATURE AREA
Environmental Education Center (EEC) at Tilden Regional Park
Berkeley, CA 94708
(510) 525-2233

SWIM FACILITIES

LAKE ANZA
Tilden Regional Park
Berkeley, CA 94708
(510) 843-2137

CONTRA LOMA
1200 Frederickson Lane
Antioch, CA 94509
(925) 757-0404

CULL CANYON
18627 Cull Canyon Road
Castro Valley, CA 94552
(510) 537-2240

DEL VALLE
7000 Del Valle Road
Livermore, CA 94550
(925) 373-0332

DON CASTRO
22400 Woodroe Ave.
Hayward, CA 94541
(510) 538-1148

QUARRY LAKES
2250 Isherwood Way
Fremont, CA 94535
(510) 795-4883

ROBERTS POOL
10570 Skyline Blvd.
Oakland, CA 94619
(510) 482-6028

SHADOW CLIFFS
2500 Stanley Blvd.
Pleasanton, CA 94566
(925) 846-3000

LAKE TEMESCAL
6502 Broadway Terrace
Oakland, CA 94610
(510) 652-1155

REGISTRATION INFORMATION

NO REGISTRATION REQUIRED–Many programs do not require registration. Simply join the instructor at the location indicated in the program description. Call the phone number listed in the program descriptions if you need further information.

IN-PARK REGISTRATION–For programs requiring registration at park sites, call the number indicated in the description. Information will be provided when you call.

CENTRAL REGISTRATION–The course codes for programs that require central registration are printed in green throughout this directory. Please refer to the instructions below for registration procedures for mail-in, walk-in, phone or fax registration.

ON-LINE: WebReg online registration for Centrally registered programs is available at www.ebparks.org/webreg.

MAIL-IN: Complete the registration form on the back cover of this directory and mail with your payment (pre-printed check or fill in the credit card info on the mail-in form) to: East Bay Regional Park District, Reservations Dept., P.O. Box 5381, Oakland, CA 94605-0381.

WALK-IN: Come to the District Headquarters between 8:30 a.m. and 5 p.m. Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next door to the Dunsmuir House and south of the Oakland Zoo off I-580. See map above.

FAX

BY FAX: Complete the registration form on the back cover and fax it to (510) 635-5502. Include all the necessary credit card information and sign to approve the charge.

BY PHONE: **Phone registration requires a credit card.** Call between 8 a.m. and 5 p.m. Mondays through Thursdays (8:30 a.m.-4:30 p.m. beginning Sept. 1), and 8 a.m. and 4 p.m. on Fridays (8:30 a.m.-4 p.m. beginning Sept. 1). The Reservations Office is closed on weekends and holidays.

Oakland	(510) 636-1684	Hayward	(510) 538-6470
Contra Costa Co.	(925) 676-0192	Outside East Bay	(510) 636-1684
Livermore	(925) 373-0144	TDD	(510) 633-0460

FEES: Fees must be paid in full at the time of registration. They may be paid by pre-printed check, money order, VISA, Mastercard or in cash for walk-in registration. Non-resident fees apply to anyone living outside of Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program. Many programs have **fee assistance funds available** for low-income individuals and families. For information call the registration phone numbers listed at the bottom of the previous column.

CHECK ACCEPTANCE: Pre-printed checks are accepted for mail-in registration in the Central Reservations Office until two weeks before the program takes place. Make checks payable to EBRPD. Programs registered in the parks will accept checks up until the day of the program. Returned checks will be charged an additional $15 Returned Check charge.

CREDIT CARDS: VISA MasterCard
VISA and Mastercard are accepted for all fee programs *except* those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY:

REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. If you would prefer to transfer into another program or class and there is space available, your refund may be applied to the fee for that program or class. (See Special Cancellation Policy below for exceptions.)

IF YOU MUST CANCEL: For a full refund or credit toward another program, you must call in your cancellation **at least seven days prior** to the class or program. Failure to notify the Reservations Office **at least seven days in advance** of the program date will result in forfeiture of program fees. See Special Cancellation Policy below for exceptions.

Special Cancellation Policy: For certain programs requiring the Park District to commit a deposit or guarantee a minimum, refunds will not be available **less than 14 days prior** to the start of the program. In the case of cancellation due to inclement weather, a credit will be issued for a future class with the same instructor. These programs are noted by "Special Cancellation Policy applies" within the program description.

September-October 2005 Mail-in Registration

Register On-Line: www.ebparks.org/webreg

Mail or FAX

East Bay Regional Park District
Attention: Reservations
2950 Peralta Oaks Court, P.O. Box 5381
Oakland, CA 94605-0381
FAX (510) 635-5502

Name (parent or guardian if under 18) _____

Address _____

City _____ Zip _____

( ) Day phone _____ ( ) Night phone _____

email address _____

Make checks payable to: EBRPD

or use

☐ MasterCard ☐ VISA

☐☐☐☐ – ☐☐☐☐

☐☐☐☐ – ☐☐☐☐

Amount $ _____

Expiration date _____

Authorized signature _____

Participant's Name	Birthdate	Class Title	Code	Date	Fee
	Month/Day/Yr	First Choice			
		Second Choice			
		First Choice			
		Second Choice			
Day Camp Scholarship Fund—provides subsidized day camp experiences for inner-city youth. (Optional)					$1
Subscribe to this publication (Regional in Nature) (Optional)					$5
Submit additional registrations on an attached sheet				Total	$

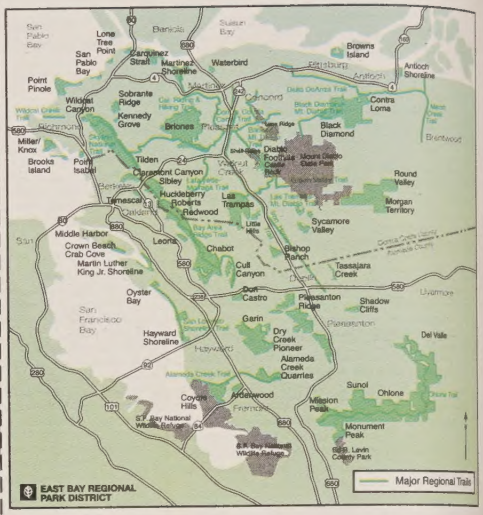
Signature required _____ Date _____

Parent or guardian if under 18

☐ Please check here if you are disabled and in need of special accomodations

How did you hear about our programs? ☐ TV ☐ Newspaper ☐ Visitor Center ☐ Radio ☐ Other

Office Use Amount paid _____ Check no./cash _____ Register no. _____ Staff initials _____



Regional Parks Foundation

P.O. Box 21074
Crestmont Station
Oakland, CA 94620

The Regional Parks Foundation is a sole-purpose foundation in support of the East Bay Regional Park District

Vehicle Donation Program Helps Make a Difference

The Regional Parks Foundation has teamed up with Donate For Charity, a company that specializes in processing vehicle donations for nonprofit organizations. Donate For Charity arranges for vehicle pickup, handles all the DMV issues, sells the vehicle at auction, and distributes the net proceeds to the Regional Parks Foundation. So if it's time to replace an older car, or if you have a boat and trailer that are just taking up space in the garage, consider making a donation.

You'll avoid the headache of selling a used vehicle, help the Regional Parks Foundation fund its ongoing efforts, and receive a receipt entitling you to a tax deduction. When you're ready to donate, or, if you have relatives or friends that wish to donate, simply call Donate For Charity toll-free at (866) 392-4483 or donate on-line at www.regparksfdn.org. Take advantage of this new opportunity and help us expand our commitment to serving the East Bay through preserving the environment, providing opportunities for outdoor recreation, and offering environmental education.

Due to tax benefits received, proceeds directed to the Foundation from a vehicle donation cannot be applied toward purchases of park memberships and District programs.

Donate your used vehicle . . .

...through Donate For Charity, and get a tax deduction! **Call toll-free (866) 392-4483** or donate on-line at www.regparksfdn.org.

East Bay Regional
Park District
2950 Peralta Oaks Court
Oakland, CA 94605-0381